



University NEWS LETTER



sbs times

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Editorial

June is a pivotal month in the academic calendar, a time that demonstrates the flexibility and determination of students. With exams at the forefront, it marks the culmination of a year's hard work. This period is often characterized by intense study and long nights, serving as a critical time to assess both academic progress and personal growth.

While challenging, exams offer an opportunity to reflect on the knowledge and skills gained throughout the year. However, the pressure can sometimes overshadow the importance of maintaining balance. It's vital to remember that exams are just one measure of your capabilities. Prioritising self-care alongside studying is crucial for navigating this stressful period.

As June concludes and exams end, students find relief and the excitement of summer vacation. With a renewed sense of hope and a desire to succeed, they head home for a well-deserved break.

July brings the peak of the rainy season, providing a welcome respite to the environment. This month invites us to appreciate both the beauty and the power of rain, which can sometimes lead to landscapes and destruction. We embrace the warmth of summer, enjoy the refreshing downpours, and celebrate the simple joys that make this month memorable.

The end of summer break signals a fresh start: a new academic session with new admissions, a new wave of returning students, and a renewed sense of hope and determination to succeed at SBSU.

Happy Reading!
Editorial Team

PHOTOGRAPH OF THE MONTH



Vihaan Virmani
B.Physiotherapy
5th Sem

Expert Talk

Empowering Minds Through Science & Technology

The School of Applied Chemistry & Basic Sciences successfully organized an insightful guest lecture by Dr. Manmohan Rawat, Head of R&D, UCOST Dehradun, on 03 June 2025, on the topic "Applications of Remote Sensing (RS) and Geographic Information Systems (GIS) in Integrated Water Resource Management (IWRM)".

The session shed light on the importance of advanced tools like RS and GIS in sustainable water management. Heartfelt thanks to Dr. Rawat for his enriching talk!



International Yoga Day 2025

SBS University, in collaboration with NCC, successfully celebrated International Yoga Day with a special yoga session held on the lush green University Campus Lawn. The session, which began at 6:45 AM, witnessed enthusiastic participation from students, faculty, and staff who embraced the morning with mindfulness and positive energy.



World Environment Day 2025

On this special occasion, Sardar Bhagwan Singh University, reaffirmed its commitment to a greener and more sustainable future.

Key Highlights:

- Encouraging alternatives to plastics
- Promoting the use of bicycles
- Organizing more plantation drives
- Advocating the use of bioenzymes

The celebrations also emphasized the segregation of biodegradables and non-biodegradables waste. A plantation drive was organized, and an initiative was launched to store food and water for birds fostering harmony with nature.



Chabeel

In every drop, a prayer..

While the scorching sun blazed above, the hearts of the SBS University family stayed cool with compassion.

Braving the extreme heat, our team came together to serve refreshing drinks to travellers, children, bikers, and pedestrians — spreading care, one glass at a time.

Because true education is not just in books, but in serving humanity.



Congratulations

sBs
UNIVERSITY

30 Years
of Higher &
Comprehensive
Education
Since 1991

Congratulations

Dr. Deepanshu Rana

Assistant Professor

Department of

Microbiology

for being selected as

Vice-President

(2025-26),

Uttarakhand for

Microbiologist Society

of India (MBSI)



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admissions@sbsuniversity.edu.in

Physiotherapy Survives

STATE BOXING CHAMPIONSHIP

Multipurpose Hall, Parade Ground, Dehradun

Gloves on. Heart racing. Physio team is ready.

From June 7–10, the SBS University Physio Team proudly served ringside at the Uttarakhand State Boxing Championship 2025.

Our MPT Sports students were on the frontlines—taping, treating, and keeping fighters prepared for every round.

In the corner where strength meets science, we stood for recovery, resilience, and real-time care.

GPAT QUALIFIERS



**Anoop
Chauhan**



Ankita Sarkar



**Mohammad
Imamuddin**



Santosh Negi

Congratulations

on qualifying

GPAT (Graduate Pharmacy Aptitude Test) examination



Proud Moment for SBS University!

Six NCC cadets from SBSU (11 UK Battalion) have qualified for the IGC exam at CATC Camp, Ranibagh (July 24 – Aug 2, 2025)!

Outstanding Performances:

Renu Adhikari – Obstacle Training

Riya Gusain, Tamanna Rawat, Pradeep Negi – Firing

Sandeep Negi, Aakash Chauhan – Health & Hygiene

Congrats to our cadets for their dedication and success!

Keep making SBSU proud!



Congratulations



Anchal Butola
B.Sc. (H) Agriculture



Sudhanshu
B.Sc. (H) Agriculture



Ajay Pratap Rawat
B.Sc. (H) Agriculture



Anjali Sharma
B.Sc. (H) Agriculture



Neha Lingwal
B.Sc. (H) Agriculture

On qualifying

Resigious G. B. Pant University of Agriculture and Technology,
Pantanagar, U.S.Nagar (Uttarakhand)

POST GRADUATE ENTRANCE EXAMINATION - 2025

PLACEMENTS

SBS UNIVERSITY **PLACEMENT Congratulations**

December 2024

Dr. Angela Pak
M.Physiotherapy
Executive
Neurophysiotherapist
Artemis Hospital,
Gurgaon

Dr. Sakshi Rajak
M.Physiotherapy
Assistant Professor
Shri Prakashchand Jain
College, Jamner
Maharashtra

Dr. Swapnil khare
M.Physiotherapy
Assistant Professor
Shri Prakash Chand Jain
college of Physiotherapy
(MUHS), Jamner
(Maharashtra)

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SBS University **30 Years** **Congratulations**

Ashim Saikia
M.Physiotherapy
Batch- (2023-25)
Got Placed as
Academy Physiotherapists
Numaligarh Refinery Limited
Football Academy,
Numaligarh, Golaghat, Assam

Aarushi Gilotra
M.Physiotherapy
Batch- (2023-25)
Got Placed as
Academy Physiotherapists
Barnes School,
Devlali Campus,
Nashik, Maharashtra

As an outcome of MoU with
Bhaichung Bhutia Football Schools (BBFS)

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SBS UNIVERSITY **PLACEMENT Congratulations**

Dr. Shaheen Khan
M.Physiotherapy
Assistant Professor
ITM University,
Gwalior, Madhya Pradesh

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SBS UNIVERSITY **PLACEMENT Congratulations**

ABHINAV TIWARI
B.Pharmacy
Batch 2021-25
logos PHARMA

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SBS UNIVERSITY **PLACEMENT Congratulations**

Aryan Pant
B.PHARMACY 2021-25
Cooper PHARMA LTD

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SBS University **30 Years** **Congratulations** **PLACEMENTS**

Aditi Kumari
B.Pharmacy
ACADEMICALLY

Shivani Pakhriyal
B.Pharmacy
Academically Global Healthcare Academy

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SBS UNIVERSITY **PLACEMENT Congratulations**

SHUBHAM PANWAR
B.Pharmacy
AICE

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FACULTY ACHIEVEMENTS

Publications

- Sharma, K., Kumar, A., Sharma, A., & Sanduja, M. (2023, November). Favipiravir: A Promising Nucleotide Analog for Treatment of COVID-19. In (Ed. Nihal Anwar Siddiqui, Mohammad Moizuddin, Anil Kumar Gupta, Akbar Ziauddin, Prasenjit Mondal) *Advances in Disaster Management* Springer Nature, (pp. 31-45), Singapore.
- Bhandari, K., Nautiyal, N., Bhandari, G., Dhasmana, A., Gupta, S., Gangola, S., Kumar, S., Khan, A.A., Fatima, S. and Kumar, P. (2025). A comparative investigation of ultrasonication and magnetic stirring methods for green synthesis of zinc oxide nanoparticles using *Punica granatum* peels. *Scientific Reports*, 15(1), 24869.
- Arora, V., Kumari, R., and Kamboj, P. (2025). Effectiveness of Pilates-Based Core Strengthening in Improving Flexibility and Quality of Life in Young Adults with Patellofemoral Pain Syndrome— A Randomized Control Trial. *International Journal of Preventive, Curative & Community Medicine*, 11(3&4), 1-5.
- Kesharwani, V., Kumari, R., Manghnani, K., Sharma, A., Yadav, M., and Pandey, A. (2025). Electromyography Activity of Biceps and Triceps Muscles in Concentration Curl and Kickback Exercise among Young Healthy Individuals. *International Journal of Medical and All Body Health Research*, 6(3), 26-31.
- Negi, P., Sen, A., Rawat, P. And Panwar, A. (2025). Agroterrorism: A Novel Bioweapon of the 21st Century. *Times of Agriculture*, 5(6), 1-20.
- Alghamdi, S., Qusty, N.F., Maulana, A., Ajmal, M., Khan, M., Mahato, A.K., Verma, S. and Asif, M. (2025). Recent Developments in Structurally Diverse Anti-Tubercular Drug Molecules and Their Molecular Targets against *Mycobacterium tuberculosis*. *Russian Journal of Bioorganic Chemistry*, 51(4), 1385-1431.
- Dr. Reena Rani (PT), Dr. Vishal Verma (PT) and Dr. Mohit Bhatt (PT) Published a Book, “Functional Neuro Rehabilitation” in Kavya Publication.

FACULTY
ACHIEVEMENTS

Research, Awards &
Publications

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E-mail: sbpspgipublication@gmail.com/pcws.sbsu2018@gmail.com (**for Editorial Board**)
SARDAR BHAGWAN SINGH UNIVERSITY, BALAWALA, DEHRADUN-248161, UTTARAKHAND
TEL: 0135-2686246, **E-mail:** university.sbs@gmail.com, **website:** www.sbsuniversity.edu.in